

Stratt Byars

From: Camp Director <noreply@active.com>
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To: Stratt Byars
Subject: Pre-Camp Notes Vol. 3, Preparing for Camp Kanuga



CAMP KANUGA

Camp Kanuga Campers, it's almost time to Welcome you Home!
The staff is training, the buildings are ready, and all that's missing is YOU!

Parents, see below for a few updates on check-in, what to expect, and how we are planning to keep your children safe. At the end, you'll see a few new faces, and maybe some familiar ones that cannot wait to be a part of your 2021 Camp Kanuga Summer!

Please pardon our delay in communicating Volume 3! We were made aware that new summer camp guidelines would be available from the CDC, and those were released on Friday. We are excited that Camp Kanuga is already planning to meet or surpass those safety guidelines so that we may build towards a safe summer season!



Preparing for Camp: Camp Outs!

With Camp right around the corner, we have been fielding a lot of questions about our camp out plans for the summer. What do I bring? How big of a pack do I need? Will I sleep directly on the ground? What if it rains? All are great questions, and just like with every other aspect of Camp Kanuga, the staff is going to be prepared and excited to offer an incredible experience and ensure it's safe and **fun**.

The truth is, our camp-out program is thorough, well-run, and a highlight of each session! Help your campers get excited about an opportunity to hike, camp, cook, and be, all in community with their friends and cabin mates. Our staff, led by our Expedition Director Will Hutchisson, will teach our campers how to build a dry tarp shelter, how to build a fire, how to prepare a camp meal, and how to restart a fire for cooking breakfast in the morning. We are so excited to be camping at Camp, and hope you are too!

Packs: Your pack will carry all of your gear, including your sleeping bag, change of clothes, water, and ground pad (if you bring one, many won't). The camp staff will deliver food, extra water, and some dry wood for fuel. If your pack can comfortably carry your gear, you'll be good to go! And, at the end of the day, the camp staff is here to help! We'll make sure you're comfortable and safe as we hike to our campsites.

Campout School: Before we leave, you'll learn all the skills you need to be successful on our night out. We'll go over what to pack, how to pack, and how to stay comfortable on the trail. We'll learn how to build our tarp shelters (tarps provided), and we'll ensure that everyone is prepared for our night out.

Camp outs are fun, and we can't wait to share them with you!



Add it to the list: Face Coverings!

While it's not explicitly on the packing list, please ensure your camper packs at least one mask for every day of Camp. We prefer cloth face coverings to disposables, but you are welcome to send your preference. Also note that we'll have Camp Kanuga face coverings available at the Camp Store!

Safety Testing: Upon Arrival

As I hope you've read within our COVID safety plan, we will be testing **all** Overnight Campers upon arrival at Camp Kanuga by contracting with Wolfe Inc and Keystone Labs. They will use the shallow nasopharyngeal swab, and each test for Residential Overnight Camp will be a lab-based PCR tests. (Starter Campers will receive rapid tests provided by the State of North Carolina.)

Every family will need to register in advance for your camper to receive this test. You are invited to do that as early as possible. The Registration Form is below.

You may only forego registration for the Keystone Labs COVID test if:

- Your camper has had and recovered from COVID in the past 90 days.*
- Your camper is a Starter Camper at Starter Camps A, B, C, D, or E.
- Your camper has been fully vaccinated with the COVID vaccine.*

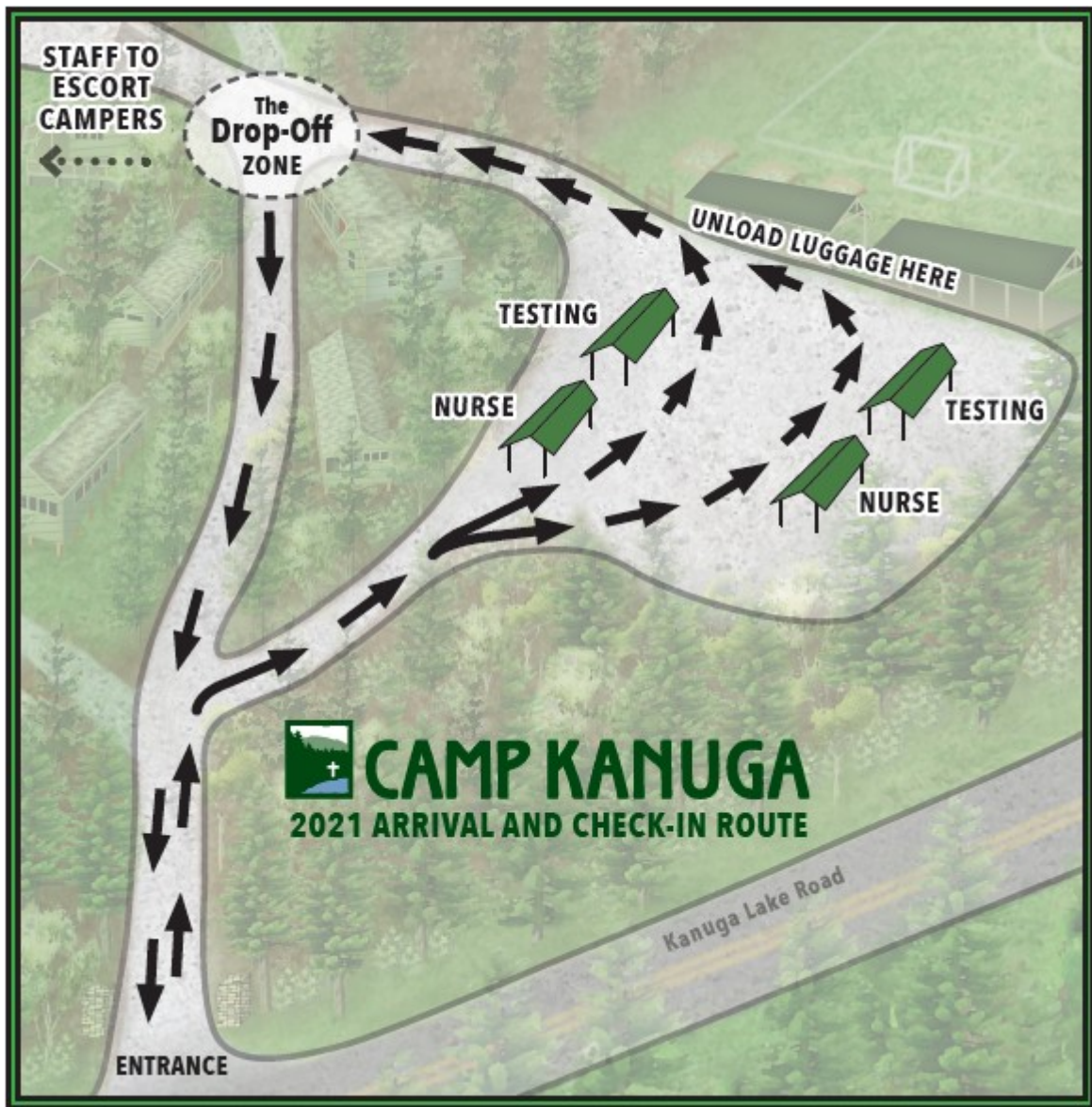
*Please reply to this email if your child has had a vaccine or a positive test in the past 90 days for more instructions.

Checking In at Camp Kanuga

Checking in for Camp will be a bit different this year. Check-in is from 3-4:30pm, and we ask you to consider arriving after 3:30pm. It's our expectation that to keep the camp community safe, parents will remain in the car at all times. Here's what you will see:

- 1) You'll be greeted upon entering Camp Kanuga by the Camp Director and Program Director. We'll check you in, make sure we have everything we need, give you your cabin assignment, and be the first step in welcoming you home for the session. We'll make sure you have a **Health Monitoring Form** and **Check-in Form** ready to go for the next step. We'll also make sure you've registered for the COVID test.
- 2) Moving up the hill towards Bowen field, vehicles will form two lines. The first stop, you'll turn in your **Health Monitoring Form** and your **Check-in Form** to the Nurse station. You'll check-in any medication you've brought, and the nurses will make sure they have everything they need to ensure your health and safety during the session.
- 3) Just past the nurses will be the testing station. Trained phlebotomists will perform the quick and shallow COVID test, record your sample and send you on your way. If you didn't turn in the **Health Monitoring Form** and **Check-in Form**, you won't have made it to this step.
- 4) You'll approach a member of our Crew as you reach Bowen Field, and drop off your luggage. Give us 20-40 minutes, and we'll have it delivered directly to your cabin.
- 5) Turning left towards main camp, you'll approach the **Drop-Off Zone**. Here, you'll wish your parents good luck without you for the session, and join a Camp Kanuga Staffer to walk safely to your cabin. You are welcome to bring bedding with you to make your bed and get settled while your luggage is being delivered.
- 6) Parents, just past the **Drop-Off Zone**, you'll find a station and staff person to drop off any packages or mail you might bring with you. Please make sure it is labeled by camper and day, and we'll make sure they get it delivered safe and sound when you intend it to be!

Below, you'll find a helpful graphic that will show exactly the flow.



Health Monitoring Form

Check-In Form

New Team, Same Spirit



Camp Nurse--Megan Renner

Megan is a Registered Nurse from Charlotte, NC with 14 years of experience in Maternity and Pediatrics. She has been in Pediatric Primary Care for the past 7 years, which she has adored. Her favorite part of her job is being goofy with kids and easing their fears. In fact, she has traveled to Russia with a group of medical professionals, including Patch Adams, to cheer kids up in hospitals and orphanages. Megan has a 10-year-old son named Abe, who is her sidekick in life. They are both so excited about joining the camp community this summer and having new adventures!



Assistant Director--Jamie Holodak

Helloooo Camp Kanuga! I am so excited to be back at camp this summer as assistant director! Kanuga has been my home since my first year as a camper when I was 9 years old, and I have since served on staff as a crew member and a counselor. I am currently a junior at Baylor University where I study Spanish and Environmental Health Science, and hope to one day become an urban planner. I am a big fan of sports- both playing and watching- and am still celebrating a men's national championship in

basketball- Sic'em bears! Hiking and camping in the outdoors are also some of my favorite things to do, especially here in the beautiful mountains of western North Carolina. (This is a picture of me backpacking the Art Loeb Trail!) I can't wait to laugh, be silly, sing songs, eat Kanuga toast, and go on many adventures with y'all this summer! See you guys soon!



Chaplain--Anna Hemmati

Anna was born and raised in Georgia, but has visited North Carolina numerous times and is excited to spend the whole summer in this beautiful state! Anna graduated from the University of Georgia (go Dawgs!) with a degree in Human Development and Family Sciences. When Anna isn't cheering on the Dawgs, you can find her hanging out with friends, playing spikeball, or doing her new quarantine hobby: woodworking. This is Anna's first summer at Camp Kanuga, but not her first time being a part of the Camp family. She is excited to spend this summer learning all the Camp Kanuga traditions and meeting all of the incoming campers!

We can't wait to host camp for you this summer!

Call or email with any questions!

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"In honor preferring one another." Romans 12:10

Parent Handbook



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