



CAMP KANUGA

LEADERSHIP ACADEMY PACKING LIST

IMPORTANT INFORMATION

The Leadership schedule will be a combination of training, programming, adventure, and hands-on learning at Camp Kanuga. Some will be done in a group setting and other times testing skills learned practically in various program areas and as a counselor in training (CIT). Leadership will use bunks from camp, assigned in-cabin with occasional camp out opportunities.

Off-Site Trips and Spending Money:

There will be limited opportunities to have excursion time away from Camp Kanuga. This may include trips during session breaks. There will also be times, as we travel to an outdoor venue, where we will have the opportunity to make purchases (snacks, merchandise, etc). Students should have extra spending money for this purpose.

Laundry Information:

Leadership students will have the opportunity to do laundry at camp.

PACKING CHECKLIST

Clothing:

- Shirts (8)
- Shorts (8)
- Khaki Shorts (2)
- Jeans (1)
- Belt (1)
- Jacket (1)
- Socks (8)
- Sweatshirt and/or Flannel (2)
- Underwear (10)
- Pajamas (2)
- Swimsuits (2)
- Raincoat or poncho (1)
- A nicer outfit

Label all clothing and personal items with a permanent marker!



Footwear

- Tennis shoes/sneakers (2 pair)
- Sandals with ankle strap (1 pair)

Toiletries

- Shower caddy
- Tooth brush
- Toothpaste
- Shampoo
- Body soap/wash
- Deodorant

**Label all clothing and personal items
with a permanent marker!**

Gear and Equipment

- Sleeping bag (1) and twin sheets (2) and blanket.
- Pillow (1)
- Pillowcases (2)
- Bath and beach towels (3)
- Daypack for use during Camp
- Backpack for overnight camping
- Flashlight/Head Lamp and batteries
- Laundry bag (washable mesh)
- **Canteen/water bottle (2)**

Other Non-Clothing Items

- Bible/Book of Common Prayer
- Books
- Addressed postcards and stamps
- Journal and Pen
- Camera
- Deck Cards
- Sleeping Pad (optional)

Other

- Travel size sunscreen
- Travel size bug spray
- Spending Money - \$100 suggested

WHAT NOT TO BRING

Cell phones, iPods or other portable music players, **computers, video games**, electric devices, food, pets, revealing and offensive clothing, firearms, fireworks, sheathed knives, inappropriate music or magazines, sports and safety equipment. The camp will provide all sports and safety equipment. Tobacco products, alcohol, and illegal, non-prescription drugs are prohibited. Kanuga will not be responsible for damaged, stolen jewelry or other valuables.

CELL PHONES

CITs may bring their phones. Cell phones usage will be managed by the CIT directors. CITs may not always have access to their cell phones.

Camp is a unique environment. During the camp experience, youth develop life skills including independence and self-reliance. We respect and appreciate the wonderful relationship youth and families have, but if campers are to enjoy camp fully they must be able to develop this independence.

Hiding Cell Phones: We appreciate that most families will honor our request and support our reasoning for not allowing cell phones at camp. We also recognize that some families may feel that hiding a cell phone in camper luggage is OK. Keep in mind that by doing this YOU are teaching your campers that it is OK to break



the rules as well as creating a level of distrust between the camper and counselor. If you are unable to send your camper to camp without a cell phone then you or your camper may not be ready for the camp experience.